

# Emerald Coast Sailing Association

## Summer Sailing Camp 2009

Sailing Classes for Young Sailors from Ages 8-17

<b>Class *</b>	<b>Dates</b>	<b>Location</b>	<b>Ages</b>
1	June 08 –June 19 Mornings	Fort Walton Yacht Club	8-10 yr olds
2	June 08--June 19 Mornings	Fort Walton Yacht Club	11-14 yr olds
3	June 08 --June 19 Afternoons	Fort Walton Yacht Club	8-10 yr olds
4	June 08--June 19 Afternoons	Fort Walton Yacht Club	11-14 yr olds--
5	June 08--June 12 All DAY	Fort Walton Yacht Club	13--17 yr olds 420 Class -Intermediates only
6	June 22—July 03 Mornings	Fort Walton Yacht Club	8-10 yr olds
7	June 22__July 03 Mornings	Fort Walton Yacht Club	11-14 yr olds
8#	June 22__July 03 Mornings	Fort Walton Yacht Club	13-17 yr olds 420 class NEW
9	June22__July 03 Afternoons	Fort Walton Yacht Club	8 -10 yr olds
10	June 22__July 03 Afternoons	Fort Walton Yacht Club	11-14 yr olds
11#	June 22---July 03 Afternoons	Fort Walton Yacht Club	13-17 yr olds 420 Class-NEW
12	July 6__July 17 Mornings	Fort Walton Yacht Club	8-10 yr olds
13	July 6__July 17 Mornings	Fort Walton Yacht Club	11-14 yr olds
14**	July 6—July 17 Afternoons	Fort Walton Yacht Club	8-10 yr olds
15**	July 6—July 17 Afternoons	Fort Walton Yacht Club	11-14 yr olds

\*Each Class size is limited to the first 15 participants per age group. Repeat students are encouraged to enroll in afternoon classes.

\*\* These class's are overflow. Reservations will not be accepted until other class's are 90% full

# The 420 is a "performance" boat. Only a LIMITED number of beginners will be accepted into these class's

**Class times** are: Mornings: Monday - Friday 9:00 am - 12:00 pm

Afternoons: Monday- Friday 1:00 pm - 4:00 pm.

Class 5 (High School) is for kids who have taken classes before. Please NOTE: This is an all day ONE week class

(There are NO weather makeup days.)

**Cost: \$200.00:** Includes Lessons, Graduation Party, Trophy & Certificate, Sailing Workbook, and Sailing Log Book  
**Swim Check:** Prior to admittance to the class the students will be required to take a swim check; swim 25 yards freestyle, tread water for 5 minutes, put-on their PFD (personal floatation device) in the water, and perform a 5 minute survival float.

**Instructors:** All instruction is under the supervision of U. S. Sailing certified instructors. Optimist Pram, Sunfish & 420 boats will be used for the classes; 8-10 yr olds in Prams, 11-14 yr olds in Sunfish, 13-17 yr old in 420's.

Exceptions to boat assignment can be made at the discretion of the senior instructor.

**Students will need to bring the following items to class:**

- ❑ Properly fitted Personal Floatation Device to be worn at all times.
- ❑ Sneakers, water shoes, boat shoes to be worn at all time
- ❑ Hat, sunscreen, and towel
- ❑ Workbooks (distributed first day of class)
- ❑ Cool drinks and snacks will be provided during breaks

The Summer Sailing Camp is a project of the Emerald Coast Sailing Association; a non-profit organization that promotes sailing as a lifelong sport.

# SAILING LESSON APPLICATION

Students Name \_\_\_\_\_ Age \_\_\_\_ Weight \_\_\_\_ \* Ht. \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Email \_\_\_\_\_

Class # requested \_\_\_\_\_ Alternate Class # requested \_\_\_\_\_

\* Pram (8-10 yrs) students should not weigh more than 100 lb.

Previous Sailing Experience \_\_\_\_\_

Phone no. \_\_\_\_\_

Emergency no. \_\_\_\_\_ Contact person \_\_\_\_\_

Person transporting student \_\_\_\_\_

Person authorized to pick up student \_\_\_\_\_

Swimming Level **Good** \_\_\_\_\_ **Excellent** \_\_\_\_\_

Medical condition(s) to prevent student from fully participating:

\_\_\_\_\_

Anticipated Hi School student will attend (if age 13,14) \_\_\_\_\_

Parent/Guardians Name \_\_\_\_\_

Signature \_\_\_\_\_ Date \_\_\_\_\_

I will volunteer for shore parent duty on the following days. (Please circle your availability.)

(Shore Parents will assist with keeping order, late students, discipline problems, medical emergency, etc. You will be notified if you are needed. Thank you for volunteering.)

1<sup>st</sup> Mon Tue Wed Thurs Friday    2<sup>nd</sup> Mon Tue Wed Thurs Friday

Make out check to ECSA &

Mail completed registration to: **George Goodall - Emerald Coast Sailing Association**

**215 Beachview Dr.**

**Ft. Walton Beach, Fl. 32547**

**Phone 850-862-7276**

Payment is due with registration to secure your child's placement in the classes. Reservations are confirmed when payment received. Confirmation of your child's acceptance in the camp and session will be by letter. Early registration is encouraged.

**NOTE: Application must include signed Participation Agreement**

P.S. Please help us with our Advertising. How did you hear about us?

\_\_\_\_\_

EMERALD COAST SAILING ASSOCIATION  
PARTICIPATION AGREEMENT

Note: Both the student and a parent or legal guardian must read and sign this form before the student may participate.

Sailing, like most sports, involves an element of risk to injury. Students will be sailing in water deeper than they can stand. A sudden wind gust could cause their boat to capsize. Parts on the boats can cause injury. Exposure to the elements, if not properly prepared, can cause problems. The gulf water environment contains many sharp objects such as oyster shells and other debris.

In an effort to make sailing classes as safe as possible, students will be instructed in rules which will reduce the risk. It is vital that the students follow the directions of the instructors and the Sailing Camp Program rules.

The head instructors are trained in risk management and coaching by the U.S. Sailing Association. They are also current in Red Cross Standard First Aid and CPR.

We have read the above information concerning the risk involved in sailing. We understand and assume the risk involved in participating in the sailing classes.

We will abide by the rules of the Emerald Coast Sailing Association, Sailing Camp Program, and those rules established for the program. We hereby release the Emerald Coast Sailing Association and Fort Walton Yacht Club, and their officers, members, instructors, employees, and volunteers from any liability arising from or connected with participation in the sailing classes.

\_\_\_\_\_  
Student Signature

\_\_\_\_\_  
Parent or Guardian Signature

\_\_\_\_\_  
Date